



Important Aftercare Instructions

Special precautions after IV sedation

You are being looked after by a responsible, able-bodied adult for the next 24 hours.

Sedation in our practice uses a single drug (Midazolam) to induce a relaxed state and allow your treatment to be undertaken in a comfortable, relaxed manner without the need to put you to sleep.

PLEASE REMEMBER:

The patient **must** be escorted by car or taxi accompanied by the escort and is **not** to use public transport after the treatment.

The patient will **need** rest for a few hours and spend the remainder of the day quietly.

The patient will **need** to eat light and easily digestible food for the remainder of the day.

The patient **should not** drink any form of alcohol 24 hours after the treatment.

The patient **should** continue to take any medicines, tablets or pills, which have been prescribed for you unless you have been told otherwise by a healthcare professional.

The patient **should not** drive any vehicles, operate machinery or make any business decisions on the same day as your treatment as your reflexes and judgements may have been affected.

The patient **will not** be able to look after any dependents or pets for 24 hours after your treatment.

Review: April 2024

Next review: April 2025